

# Salt Room: the menu

AUTUMN 2026, FROM 1 OCTOBER 2026

## Autumn menu

Dinner Wednesday to Saturday, lunch on Friday  
and Saturday, and all day on Sunday. The fish  
changes with the landings.

### I Raw and cold

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**Native oysters** (GF) ..... £3.50

Shallot vinegar and lemon. Priced each, from three.

*Each, minimum three*

Contains molluscs and sulphites.

**Orkney scallop crudo** (GF) ..... £14

Apple, dill, lemon oil and a little salt.

Contains molluscs.

**Cured sea trout** ..... £12.50

Pickled cucumber, crème fraîche and rye crumb.

Contains fish, milk and gluten.

**Crab on toast** ..... £13.50

Brown crab mayonnaise, white crab, lemon and chives.

Contains gluten, crustaceans, eggs and mustard.

**Seafood tower for two** (GF) ..... £68

Oysters, langoustine, crab, cured trout and prawns on crushed ice.

Contains molluscs, crustaceans, fish, eggs, mustard and sulphites.

### II Small plates

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**Cullen skink croquettes** ..... £9

Smoked haddock and potato, crisp outside, mustard mayonnaise.

Contains gluten, fish, milk, eggs and mustard.

## Whitebait ..... £8.50

Lemon and devilled salt.

Contains gluten and fish.

## Mussels with cider ..... £12

Leeks, cream and thyme, with bread to finish the sauce.

Contains molluscs, milk, gluten, sulphites and celery.

## Grilled langoustines (GF) ..... £19

Half a dozen, garlic butter, lemon.

Contains crustaceans and milk.

## Salt-baked beetroot (V) (GF) (N) SEASONAL ..... £10.50

Whipped feta, hazelnuts and a sharp dressing.

Contains milk, nuts and sulphites.

## III Mains

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## Fish pie ..... £21

Haddock, salmon and prawns in a parsley sauce, mashed potato, buttered greens.

Contains fish, crustaceans, milk and gluten.

## Pan-roasted halibut (GF) ..... £34

Celeriac purée, brown shrimp butter and sea herbs.

Contains fish, crustaceans, milk and celery.

## Monkfish tail (GF) ..... £29

Chorizo, butter beans, saffron and a spoon of aioli.

Contains fish, eggs and sulphites.

## Haddock and chips ..... £17.50

Beer batter, mushy peas, tartare sauce.

Contains gluten, fish, eggs, mustard and sulphites.

## Roast celeriac (VE) (GF) (N) SEASONAL ..... £19

Hazelnuts, cavolo nero and a brown butter made with oil.

Contains celery and nuts.

## Whole turbot for two (GF) ..... £78

Grilled on the bone, hollandaise, samphire. Please order when you book.

Contains fish, eggs and milk.

**Dry-aged ribeye** (GF) ..... £36

For anyone who does not want fish. Bone marrow butter and chips.

Contains milk.

## IV On the side

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**Chips** (VE) (GF) ..... £5

Skin on, fried twice, sea salt.

**Buttered greens** (V) (GF) ..... £5.50

Cabbage, kale and a little lemon.

Contains milk.

**Tomato and shallot salad** (VE) (GF) ..... £5.50

Sherry vinegar and olive oil.

Contains sulphites.

**Samphire** (V) (GF) ..... £6

Steamed, with butter.

Contains milk.

## V Something sweet

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**Sticky toffee pudding** (V) ..... £8.50

Date sponge, toffee sauce and vanilla ice cream.

Contains gluten, milk and eggs.

**Burnt Basque cheesecake** (V) (GF) ..... £9

Baked until dark, served with poached rhubarb.

Contains milk and eggs.

**Rhubarb and ginger posset** (V) ..... £8

Set cream, stem ginger and a shortbread finger.

Contains milk and gluten.

**East Lothian cheeses** (V) ..... £11

Two cheeses, oatcakes and a spoon of chutney.

Contains milk, gluten and sulphites.

## VI At the long bar

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*Served at the bar and at tables. Walk in; the bar is never booked.*

**Sea Mist** (VE) (GF) ..... £11

Gin, sea buckthorn cordial, lemon and tonic over ice.

**Leith Sour** (V) (GF) ..... £12

Whisky, gorse flower syrup, lemon and egg white.

Contains eggs.

**Salt and Smoke** (VE) (GF) ..... £12

Mezcal, grapefruit, a pinch of sea salt and soda.

**Dry white by the glass** (VE) (GF) ..... £7.50

Muscadet, Picpoul or Vermentino, chosen to suit what is on the bar.

Contains sulphites.

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(V) Vegetarian   (VE) Vegan   (GF) Made without gluten-containing ingredients   (N) Contains nuts

Shellfish and fish may contain small bones or shell. Please tell us about any allergy before you order. Please tell us about any allergy or intolerance before you order. Prices are in pounds sterling and include VAT.

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